

A DAY IN THE LIFE OF YOUR UNITED WAY CONTRIBUTION



It's 7:30 a.m., and a single mother drops off her child at an affordable licensed day care center, allowing her to work to support her family.



It's just after 9 a.m., and the Community Health Center has a lobby full of patients waiting to see a doctor or dentist.



It's almost noon, and a home bound senior is receiving a nutritious meal and a visit from someone who cares. More than 450 seniors get help every year from United Way through home bound meals, respite care, transportation, medical equipment loan program, and more.



It's 12:30 p.m., and adults with physical and mental health challenges are on lunch break from their work at Capitol Projects Sheltered Workshop, which provides them employment and dignity.



It's almost 3:45 p.m., and a youth arrives at her after school program, where she'll get tutoring, a healthy snack, fun activities and safe, responsible supervision.



It's 4:30 p.m. and young teens gather to learn about leadership skills and positive character traits to benefit a community project.



It's a little after 7 p.m., and a counseling session is underway for a family with a child facing behavioral issues. United Way supports dozens of programs that provide counseling for behavioral health challenges, including mental illness, addiction, emotional struggles and more.



It's just before 9:30 p.m., and individuals without homes have settled into a shelter for an overnight stay.



It's 1:00 a.m., and a single mother calls the 24-hour hotline for help to escape an abusive situation.



It's the middle of the night, and a family is getting help after a fire burned down their house and threatened their lives. In the weeks to come, United Way and its partners will be there to help them get back on their feet.

Your generosity makes days like this possible. Instead of focusing on one cause, we support **28 agencies, programs, and initiatives** to help the community as a whole. In fact, 1 in 2 of us are helped by United Way each year. **Your support does matter. You are changing lives. You are helping people. Thank you for LIVING UNITED.**



United Way
of Central Missouri